

The Master Empath:

Turning On Your Empath Gifts At Will
– In Love, Business And Friendship
(Includes Training In *Skilled Empath Merge*)

An Empath Empowerment(R) Book

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Author Note

The chapter *names* listed above are exactly to what's in the book.

By contrast, chapter subheads in this Table of Contents do not duplicate subheads in this book. Instead you were presented with a selection of ideas to help you as a casual browser. I hope you enjoyed this quick peek at the topics covered.

Already you can tell there is more to being a master empath than you might otherwise think - even after having read the earlier book in this series, *The Empowered Empath: Owning, Embracing, and Managing Your Special Gifts*.

To fully appreciate the power of this book, it *is* highly recommended that you begin with *The Empowered Empath*.

Table of Energetic Workarounds and Techniques

What is an energetic workaround? It is a significant way to overcome problems. By comparison, tips and coping methods are more superficial. A fully realized energetic workaround will re-orient your awareness, causing you to use your empath gifts more effectively. An energetic workaround can even change your life.

Admittedly an energetic workaround designed to help empaths is less powerful than a dedicated technique designed to help empaths, bringing the power to transport and transform your consciousness.

Here's an analogy to clarify. Imagine that you are working on a project with your computer. Something doesn't go quite right. Again and again you try to make that software work, and it just doesn't.

- A tip, or coping method, might be to call a help desk.
- For a workaround, you would take a different approach to solving your problem, maybe do something unusual with the software. Unusual but, hey, it works. And there are no ill effects.
- A technique would be more like going into the computer software, finding buggy code and fixing it. Or you might read and follow technical instructions from a systems analyst. That will overcome a problem for keeps.

Awakening Empath, my career has been dedicated to developing expertise about consciousness, and how to use it in practical systems like Empath Empowerment(R). I'm not a big fan of coping strategies or tips. However, I do believe in the power of a well-constructed workaround. I'm glad to share a number of them with you here, as well as dedicated techniques.

1. *20 Daily Minutes of Far-Out Technique Time, Tops*. The simplest way to avoid - or heal -- spiritual addiction. Chapter 3.
2. *Re-Insert Yourself into Reality*. An energetic workaround that could save your job. Chapter 3.
3. *Problem Solving in Objective Reality*. Prevent unskilled empath merge triggered by conflict. Chapter 5
4. *Set An Intention*. Position your consciousness in a productive direction. Chapter 7
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8. *Moccasins*. Depth experience of someone else's life -- of course, you get to choose which someone you will be researching. Chapter 13.
9. *Taste Someone Else's Reality*. Amazing insights await you about primal trust. Chapter 14.
10. *Find Your Truth Sight Research Tool*. You'll never need glasses for 20-20 wisdom, thanks to this technique. Chapter 15.

11. *Shallow Up Quickie*. Such an easy energetic workaround for positioning consciousness back at regular, human frequencies! Chapter 15.
12. *Self-Discovery with Truth Sight*. You don't need a magic mirror from Hogwarts to have fun with this technique. Chapter 16.
13. *Another Super-Easy Way to Turn Empath Gifts OFF*. Here's a fabulously effective energy workaround you can use just about anywhere in the world. Chapter 16.
14. *Truth Sight For Advanced Empath Merge*. This visual technique provides quick entry into the experience of being your chosen "Discovery Person." Chapter 17.
15. *Incognito Truth Sight*. Leap into skilled empath merge with just about anyone in the room with you. Chapter 18.
16. *Truth Sight for TV*. An amazing form of Remote Empath Merge that piggybacks on your prior experience at watching television. Chapter 20.
17. *Locate A Handy Tool For Remote Empath Merge*. Learn one more technical skill to help you become a Master Empath. Chapter 21.
18. *Truth-Touching Empath Merge with TV*. And you thought that, previously, you saw something on TV that touched you? Ha, surfacey by comparison! Chapter 22.
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