

*AN EMPATH EMPOWERMENT® BOOK*

# The Empowered Empath

OWNING, EMBRACING AND  
MANAGING YOUR SPECIAL GIFTS

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## Dedication

*Drip. Drip. Drip. In the apartment where you live, the faucet leaks. It always has.*

*That kitchen sink overflows, making puddles, causing a mess.*

*Shoes get wet a lot. Fine, you can cope with that. But mysterious problems happen too, like how your bedroom slippers sometimes get wet.*

*Really the answer is simple. Certain nights you get up for a mid-night snack and you're thinking "Food" not "Puddles." Slippers get wet from that totally forgettable trip to the kitchen. Later you notice how your bedroom slippers have developed patches of wetness. It creeps you out.*

*Strange new problems come up all the time. You complain to your best friend, "There's a horrible smell of mold in my apartment. And I can't stop that leaky kitchen faucet from dripping."*

*"Just turn it off. That's what I do." says your friend.*

*This advice doesn't help one bit. What are you supposed to do now? You cope on your own, that's what.*

*So you place fans in certain strategic places. You figure out how to use hairdryers for a quick fix. Certain skin lotions help better than others for dealing with all your rashes from all the dampness.*

*In the back of your mind, you are constantly monitoring all that dampness.*

Look, this faucet analogy is not about some hypothetical person and a hopeless problem. It's about you.

You may have a fairly common problem that afflicts 1 in 20 people. That problem is being born as an empath.

Your lifelong talent can be so special, helpful, delightful, embrace-able... provided that you learn how to use it with skill. Being born with empath *talent* is different from having *skill*. All empaths are born talented. Skills must be learned. That's what you can learn here. You'll be able to learn just fine.

Really, it's a privilege, having the equivalent of an extra faucet in your kitchen sink. I will help you learn how to work that faucet.

As a result, you will stop having certain problems. You certainly won't have to work so hard at coping. If you have been blaming yourself, soon you'll stop. Every empath's faucet is installed dripping. That's just how they're made.

Guess what else? The liquid from your special empath's faucet is magnificent. Think fine wine. Think a really superb kind of vino that you could use for personal entertaining and even decant at work, gaining ever-greater prestige and success.

You see, what you have is the equivalent of an *extra* faucet in your home. Your empath talent is precious. I'm going to help you to own this very human talent of yours, then embrace it and manage it... to support every other good thing about your life.