LET TODAY BE A HOLIDAY

TABLE OF CONTENTS

Let Today Be a Holiday

365 Ways to Co-Create with God

FOREWORD BY MASUMI HORI i
INTRODUCTION ii

CO-CREATE BEAUTY **1**
1. Co-Create or Pray? 1
2. Beauty, the Sneaky Resource 2
3. Sounds of Delight 3
4. Munch Into That New Day 4
5. Snuff for the Soul 5
6. Touched by Joy 6
7. Hide and Seek 7
8. 10,000 Ways to Make it a Good Day 8
9. Make a New Wish 9

WONDERFULLY SELF-CONSCIOUS **10**
10. Deeper Perception 10
11. Speedy You 11
12. Fill up and Give 12
13. Feet of Champions 13
14. How Big? 14
15. Accordion World 15
16. Habitual Honesty 16
17. Only Human? 17
18. I Came Here to Be Me 18

SPIRITUAL SURPRISES **19**
19. Call Out My Name 19
20. Birthday Darshan 20
21. Unique 21
22. Handling Problems 22
23. Freedom of Religion 23
24. Beyond Belief 24
25. Flying Bummers 25
26. Tasty Pudding 26
27. Volunteer Gold 27

YOUR COSMIC DATING SERVICE **28**
28. Surrender 28
29. Dating God 29
30. Image Consulting 30
31. Spiritual or Psychological? 31
32. Oops, It's the Other One 32
33. Holy Spirit, the Movie Star 33
34. Attributes 34
35. Trinity 35
36. The Mountain 36

ENLIGHTENMENT **38**
37. What Enlightenment Isn't 38
38. What Enlightenment Is 39
39. Stretching Non-Judgment Too Far 40
40. Shopping List 41
41. Broccoli in the Meat Keeper 42
42. Divine Order 43
43. Breathe in the Presence of God 44
44. Interesting People Sometimes Here 45
45. You Have Given Me a Face 46

YOUR POWER OF INTENTION **47**
46. What if you DON'T call on God? 47
47. How to call on God 48
48. You Choose 49
49. Turn off That Noise 50
50. Ask the Healing Question 51
51. Phooey on Hell 52
52. Heaven's Road, Paved with Intentions 53
53. Push Buttons 54
54. Just Show Up 55

CELESTIAL SUPPORT **56**
55. God-Colored 56
56. Unmask Spiritual Superiority 57
57. A Perfectly Good Answer 58
58. Organizing Religion 59
59. Alone by Choice 60
60. First Aid Kit from on High 61
61. The Perils of Whatever 62
62. Oh My (Greek) God 63
63. Silence Collector 64

MOVE OUT THE MAYA **65**
64. Happiness, not Hype-in-Us 65
65. Your Soul Mate 66
66. Your Life Work 67
67. Heredity 68
68. Question Fame 69
69. Home Alone 70
70. Saved from What? By What? 71
71. Perfection 72
72. Spring 73

NEW BEGINNINGS **74**
73. Help Always Comes 74
74. Waking into Silence 75
75. After the Love Potion 76
76. Welcome Back, Body 77
77. Delicious Dunking 78
78. Love at First Sight 79
79. Pack It Right 80
80. Express Yourself How? 81
81. Let Today Be a Holiday 82

ELEMENTARY, YOU SPIRITUAL SHERLOCK HOLMES **83**
82. Down-to Earth 83
83. Ready, Aim and Enjoy Fire 84
84. Water Babies 85
85. Metal Detector 86
86. Knock on Wood 87
87. The Element of Wonder 88
88. Surprise Is in the Air 89
89. Listen for the Glisten 90
90. Treasure Chest 91

NOT JUST ANY BODY **92**
91. Joyful Bones 92
92. Creative as Your Knee 93
93. Full-Body Prayer 94
94. Circulate 95
95. Such a Delicious Life! 96
96. Love that Poop 97
97. Stop Flying OVER the Radar 98
98. Breathe Like an Artist 99
99. Physically Fit 100

SPIRITUAL ANATOMY **101**
100. Unique 101
101. The Blind Spot 102
102. Each Amazing Story 103
103. Photo Synthesis 104
104 Too Many Tests 105
105 Soul Safari 106
106 Consider It 107
107 Laughing Meditation 108
108 The Laughing Pool 109

YOUR POWER TO MANIFEST **110**
109 Divine Imagination 110
110 Candy Adventure 111
111 Cute Gadgets 112
112 Let Heroes Help You 113
113 Paint Chips 114
114 Enter that Sacred Chamber 115
115 Better than Gardol 116
116 Loveys for Grownups 117
117 Youthing 118

FREE GOODIES **119**
118 Ask for an Amulet 119
119 Ask in Your Way 120
120 Your Amulet's Mysterious Blessing 121
121 Thank That Third Teacher 122
122 Magic Mirror 123
123 Heal without Inner Ouches 124
124 Holiday in Your Heart 125
125 Suspense 126
126 Anonymously 127

HONOR YOUR HUMAN SELF **128**
127 Unexpectedly Powerful 128
128 Puzzle Boxes 129
129 Four Worlds of Healing 130
130 Healing Outside the Box 131
131 The False Lure of Synchronicity 132
132 Prayer Clunkers 133
133 Prayer with Power 134
134 Variations on the Theme of Prayer 135
135 Love, Find Me 136

CLAIM YOUR AMAZING LIFE **137**
136 Pullouts 137
137 Signs and wonders 138
138 Landscapes for Your Soul 139
139 Healing Pine Forest 140
140 Clear Mountain Breeze 142
141 Abundance, Compete with Desert 143
142 Space Ranger 144
143 I Welcome God's Power into My Heart 145
144 Riding on God's Grace 146

HEALTH SECRETS **147**
145 Divine Economy 147
146 Accept Your Healing 148
147 Three-Way Stretch 149
148 Hugs 150
149 Heart Hug 151
150 Daytime Story 152
151 Sleep Comfortably 153
152 The Changing Nature of Sleep 154
153 Healing Heart Café 155

WORLDLY WISDOM **156**
154 Truth in Labeling 156
155 Objectively Speaking 157
156 Subjectively Speaking 158
157 Speaking of Balance 159
158 Red Light, Green Light 160
159 A Moving Experience 161
160 Popularity 162
161 Spiritual Success 163
162 Election 164

YOUR STORY **165**
163 Invisible Coins 165
164 Your First Marriage 166
165 Your Sex Life 167
166 Negotiate That Contract 168
167 Your Job 169
168 The Complete 360 170
169 Unlikely Pen Pal 171
170 First Time Blessing 172
171 Daring 173

HEY, GENIUS, GET REAL **174**

172 Your Spiritual Mission 174
173 World Server 175
174 Elusive Genius 176
175 Five More Clues 177
176 Jump Over It 178
177 The Fun of Fear 179
178 Half the Battle 180
179 Vampires 181
180. This Glorious Contract 182

SOUL MUSIC 183
181. Seeing Beyond Eyes 183
182. Getting to Know You 184
183. One Advantage of Wickedness 185
184. A Pet, Not a Pest 186
185. Braincalm 187
186. Better than Santa 188
187. Praise Dance 189
188. Swirls of Light 190
189. Dance 191

EAT THAT ARTICHOKE 192
190. The Lotus of Your Heart 192
191. Soma 193
192. A Cosmic Concert 194
193. Face up to Human Truth 195
194. Not Just for Saints 196
195. Drama? Optional 197
196. Thunder 198
197. The Secret Art of Walking 199
198. When Wicked Men Appear to Win 200

SPIRITUAL TRAPS 201
199. How Many Chairs Do You Need to Break? 201
200. Graduate from Cults 202
201. Deprogramming 203
202. Going Spiritual 204
203. Full Responsibility 205
204. Meet That Inner Child 206
205. Which Where? 207
206. Suicide 208
207. Life of the Party 209

AFFIRMATIONS 210
208. Truth Speech 210
209. Simply Positive 211
210. Beautifully Self-Centered 212
211. Here and Everywhere, Now and Always 213
212. Right-Size 214
213. No Way 215
214. Entranced by Possibility – Part I 216
215. Entranced by Possibility – Part II 217
216. Paint Yourself Into a Corner 218

SACRED SILENCE 219
217. Golden Silence 219

218. Other Ideas 220
219. Phony Baloney 221
220. Nothing to Prove 222
221. A Traffic Jam's Delicious Aftertaste 223
222. Terrorism 224
223. Foreign (Yet Familiar) Language 225
224. Silent Day 226
225. Friendship Song 227

GARBAGE DUMP 228
226. Comfort Zone 228
227. Panic or Victory? 229
228. Spiritual Gymnastics 230
229. When Holiday Plans Fall Through 231
230. Grumbles 232
231. Shadow Play 233
232. Tailgating 234
233. That Bling Is Such Tired Shtick 235
234. Big Day at Earth School 236

LIGHTEN UP 237
235. Portable Faith 237
236. The Promise of Crystals 238
237. Psychometry and Beyond 239
238. Crystal Clear 240
239. Your Favorite Program 241
240. Thought Form Alert 242
241. Begin a Sacred Ceremony 243
242. Complete Your Sacred Ceremony 244
243. Candle Flame 245

24 THE PLAYGROUND OF SPIRIT 246
244. When God Advertises 246
245. Divine Newspaper 247
246. Crystal Ball, Improved 248
247. Pretend Games 249
248. Like Clockwork 250
249. Humming 251
250. Bowling with Light Balls 252
251. L'Heure Bleu 253
252. Loud Money 254

DETERMINED TO USE FREE WILL 255
253. Your Spiral Staircase 255
254. Disappointments and Delays 256
255. My Heart's Desire 257
256. Longing for God 258
257. Peel that Stuff away 259
258. Which Terrible Word? 260
259. When Vows Are Ows 261
260. Not So Crazy after All 263
261. God's Quicksilver Presence 264

YOUTHING 265
262. Special, Today Only 265
263. Baby Yourself 266

264. Daily Requirement of C 267
265. Silly But Smart 268
266. Spinach Sculpture 269
267. Divine Temper Tantrum 270
268. Toys 271
269. Wonderland 272
270. Who is This Child of Wonder? 273

MORE NEAT TRICKS 274
271. Cast the Burden… More Creatively 274
272. Colorful Resolutions 275
273. Rainbow Tea 276
274. The Two Journeys of Illness 277
275 Inner Ghost Removal — The Brave Start 278
276. Inner Ghost Removal — The Triumphant Finish 279
277. Guilty as Charged 280
278. Breathe Peace 281
279. More Than You Know 282

FAMILY OF BLOOD 283
280. Family Gems 283
281. Why Bad Families Happen to Good People 284
282. Argumentative Relatives 285
283. Inconvenient Relatives 286
284. Hurtful Relatives 287
285. The Right to Your Pain 288
286. Early or Late, Always Lucky 289
287. Family Prayer 290
288. Family Secrets 291

FAMILY OF CHOICE 292
289. Your Family of Choice 292
290. Your Extra Mom 293
291. The Dad of Your Dreams 294
292. The Blessing of Divorce 295
293. Peacemaking 296
294. In My Own Way 297
295. Part CEO, Part Movie Star 298
296. Be Fruitful, Multiply 299
297. Family Hunger 300

MALE AND FEMALE 300
298. Trumpets of masculine energy 301
299. Echoes of Feminine Energy 302
300. Reclaim Sexual Power 303
301. Creative You! 304
302. Find Your Muse 305
303. The Riddle of Kundalini 306
304. Five Minutes to a Better Flow 307
305. Spiritually Sexy Sleep Ritual 308
306. Completely Yours 309

GET ALONG BEAUTIFULLY WITH ANYONE 310
307. Just Be Nice 310
308. Honor 311

309. Difficult people 312
310. Softly 313
311. Courage Implants 314
312. Which Truth? 315
313. Gratitude Movie 316
314. We Have Come Through 317
315. Crumbs 318

SERENDIPITY 320
316. Bedtime Story 320
317. Where is My Invitation? 321
318. Graceful Release 322
319. Manna 323
320. Ouch, but in a good way 324
321. Early Retirement 325
322. Volunteer Work 326
323. Illusions 327
324. God's Song to You 328

MONEY MASTERY 329
325. If You're So Smart, Why Ain't You Rich? 330
326. What's Wrong with Prosperity? 331
327. Have a Ball with Money 332
328. Large Coins 333
329. Inner Feng Shui 334
330. Fair Payment 335
331. Pray for Others 336
332. Shockingly Colorful Wardrobe 337
333. Lace 338

RESOURCEFUL YOU 339
334. The Luxury of a Small Room 339
335. Shakespeare Inside Your Body 340
336. Ask for Love 341
337. Outdo the Starfish 342
338. Life Awareness Day 343
339. I Can Make This Work 344
340. Human-Sized Action 345
341. Coffee for the Soul 346
342. Silently 347

SPIRITUAL HEALING 348
343. Heal Psychic Coercion 348
344. Protect Yourself from Religious Bullies 349
345 Bring on the Violet Flame 350
346. Peripheral Vision 351
347. What If God Were Like Orange Juice? 352
348. Reprogram Yourself 353
349. Stage It 354
350. A Cosmic Show-and-Tell 355
351. Grace Strikes 356

SECRETS OF CO-CREATION 357
352. Who 358
353. Who Not 359
354. What 360

355. What Not 361
356. How 362
357. How Not 363
358. Where 364
359. When 365
360. When the Time Comes 366

GOD WINS 367

361. Emmanuel 368
362. How Would Jesus Drive? 369
363. Day of Completion 370
364. Finished at Last! 371
365. Traveling Music 372

ACKNOWLEDGMENTS
THREE WISHES