

Book Supplement

The NEW Power of Face Reading

How Do You Feel About Your Face?

When you look in the mirror, do you see all perfection, all the time?

Or you see a nose that's too wide, and it's got this weird dent in the middle? Lips too thin? Cheeks too chubby? Your chin, oh God, it sticks out and it's all anyone can see?

Personally, I was always self-conscious about my earlobes. Far too large!

Even if you don't experience mirror anxiety, are you and your face really friends? Or are you more like old roommates, just getting along because you have to?

I think Rose Rosetree and her system of Face Reading Secrets® can change that.

When it comes to analyzing your face, your brain is probably running outdated software. Maybe it's running the program, 'Compare myself to Jessica Alba.' Or, possibly, 'Find the distressing ways I look just like my parents.'

Even if it's got a bit of classical face reading in there, like **siang mien**, that ages old system can be pretty mean. And scary, if you have what one internet depiction calls "the forehead of a man likely to drown."

If you're anything like me, or like how I imagine a typical Pathways reader, you're not satisfied with these very harsh, very limiting, very overstayed-their-welcome ways of deciding how your outsides fit in (or stand out).

So here's a new way, courtesy of author Rose Rosetree. It's a deeper way, an infinitely kinder way, and much, much truer way of understanding your face and why it shows up the way it does. I have so much fun with these Face Reading Secrets® that I'm trying my best to make it **my** new way.

The Face Reading Secrets® are based on the central concept that your face is one of the many holograms of your soul. In other words, who you are on the inside, with all of your gifts and challenges, is mirrored very accurately in your face.

And it's a reciprocal relationship: As you evolve, your face evolves; and as your face changes, you change on the inside. Yes, that's right: According to Rosetree, changing your face, as in cosmetic surgery or even plucking your eyebrows, will change who you are inside.

How Face Reading Secrets® Work

Each "item of face data," a list of which includes things like "Lipfulness" and "Nostril Size," has two sides to it: A talent and a potential challenge.

Sometimes you'll read about a bit of your face data, and it will be clear that you've overcome the challenge; you get to hang out with the talent full-time.

The other times, you will recognize that the challenge is more prominent in your life. Maybe so prominent, it's seemed to block out the accompanying talent's light completely.

But these Face Reading Secrets® don't let you get down on yourself (or others). Just knowing about the talent, and recognizing it in myself, turns on the light big time. I've found that these talents are often so accurate and meaningful that it's easy to do a 180 and cherish face parts that once felt like a burden.

When dealing with others (and their faces), you can find ways to work with their talents rather than banging heads with their challenges. Perhaps you manage a group of people; some of them have face data than screams, "I like to work alone!" and others' faces yell, "Please, let me collaborate!" Wouldn't knowing this, and then making reasonable accommodations for your workers, make you the best manager ever?

Face Reading, meaningful **and** practical. Who would have thought?

One Example of Face Reading Secrets®

This item of face data falls under the category of Jaw Width, which signifies "talent with commitment." Rosetree tells us that Wide Jaws signify a talent for "exceptional loyalty" and "strength of commitment."

The challenge of Wide Jaws? "Knowing when to let commitment go," and agonizing over making commitments in the first place.

In this section, Rosetree throws out this very interesting tidbit:

"If I were getting a Ph.D. in Physiognomy Studies, I might do my thesis on jaws like yours. Specifically, I would research the correlation between divorce and Jaw Width. Inversely proportional, I suspect."

Hmmm. Can any of you Wide Jaws out there relate?

Maybe you're not sure how your jaws stack up, whether they belong in Rosetree's category of Wide, Moderate, or Narrow.

Well, Rose does a great job of making sure you know which category you belong to for each item of face data by referring to her "Cast of Characters," 20 color photos of different people with different faces. The "Cast of Characters" is my favorite improvement from the previous edition of this book, which included drawings for reference.

Speaking of improvements, photographs are not the only one. While the core information remains unchanged, **The NEW Power of Face Reading** is not a frivolous reissue. The book has been seriously rewritten, and the overall effect is a more cohesive, more accessible book. I found it so much easier to learn on my own from this edition.

The NEW Power of Face Reading has helped me to see my face, and the faces all around me, with new light and understanding. Its practical applications have helped me get along better in life. And I bet it could do the same for you.

-- Pathways Magazine