

Choose the Right Empath Book for You

Inside Info from the Author, Rose Rosetree

The system of Empath Empowerment® can help you enormously. This is a unique method -- systematically taught and internationally tested.

Ever since publishing the first book for empaths in English, I have worked to refine what Empath Coaching could be. Please think of this as my aiming to help YOU, because I'm here to help you to benefit from all the ways that being a skilled empath can improve your quality of life.

I've created a series of four Empath Empowerment Books to help you to use your full potential as an empath (and a person). Here are some ideas to help you decide which book to use when.

BOOK ONE. Empath Empowerment in 30 Days

Start here! It's simple and practical, a very creative approach to gaining powerful skills as an empath. You will learn all three parts of true Empath Empowerment:

1. Learning which lifelong gifts you have as an empath.
2. Developing the habit of keeping your empath gifts turned OFF, as a habit. (Easy, the way you'll learn here, because you'll learn secrets of using your consciousness, inner awareness, to make this new habit completely natural and effortless.)
3. You'll even be introduced to "Skilled Empath Merge." Also known as "the biggest fun you can have with your clothes on."

My tip: Keep this book around after you read it the first time. Each cycle through will increase your skill level, bringing you just a bit more effortless and also help you to enjoying your human self just a bit more.

What makes this book special? You'll find the easiest way in the world to become a skilled empath. Play with one short chapter a day, and do 10 minutes of homework (or less). After one month, voila! You'll be a skilled empath.

BOOK TWO. The Empowered Empath: Quick & Easy

When you're ready to progress even more as an empath, go next to this book. It brings an equally practical perspective, but emphasizing consciousness.

My tip: This is an excellent second step in advancing your knowledge and skills as an empath. By now, having already read BOOK ONE, you're really clear that (like all RES skills) you're not pursuing psychic development. Rather, you're learning how to use your full human potential, augmenting that with authentic spiritual development. So let this learning continue!

What makes this book special? You'll learn about what happens during subconscious Split-Split-Second Empath Merge. And also what happens during Prolonged Empath Merge. Then explore highly effective techniques to end these subconscious habits. Gain depth experience, with practical benefits to follow.

BOOK THREE. The Empowered Empath: Expanded Edition

Owning, Embracing, and Managing Your Special Gifts

Having read the first two books, you've laid the groundwork for upgrading your empath skills even more.

My tip: Take your time reading each chapter. It's loaded with detailed information that you're finally in a position to understand clearly. (Because, having read the first two books in this series, your inner awareness is far more awake than before. So you'll savor the more detailed understandings available to you now.)

What makes this book special? For so many of us empaths, it's deeply meaningful to understand all the info here. So much validation of subtle aspects of your lifelong experiences! And then you'll develop a framework for understanding how to live even more securely as a skilled empath.

BOOK FOUR. The Master Empath

Turning on Your Empath Gifts at Will in Love, Business and Friendship

Take your empath explorations further, along with strengthening your personal sense of self even more. "Skilled Empath Merge" allows you to purposely experience what it is like to be another person -- directly, powerfully, clearly, and safely.

My tip: First read all three of the previous books in this series. That way, you'll get so much more out of this book.

What makes this book special? It's loaded with techniques for Skilled Empath Merge: In person, from photos, from YouTube videos and more. The sequence of instruction makes your learning easy and natural. Meanwhile, you're becoming one of a select group of empaths who are pioneers at exploring inside info about anyone else you choose. Of course, this learning is immensely practical, too, bringing you benefits for love relationships, business dealings and friendships.